

Al Ghazali On Disciplining The Soul And Breaking Two Desires Books Of Revival Religious Sciences Abu Hamid

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series) Second edition. by Abu Hamid Muhammad al-Ghazali (Author), T. J. Winter (Translator) 4.8 out of 5 stars 65 ratings. ISBN-13: 978-1911141358.

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In the first step, On Disciplining the Soul, which cites copious anecdotes from the Islamic scriptures and biographies of the saints, Ghazali explains how to acquire good character traits, and goes on to describe how the sickness of the heart may be cured.

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Al Ghazali is regarded as a more cerebral and exoterically inclined Sufi, as a pose to the more esoteric practitioners such as Shibli, Ruzbihan and Bayazid. As such he is regarded as the 'renewer' of the 5th Muslim Century and to quote the author 'the most influential thinker of medieval Islam'.

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Abu Hamid al-Ghazali (1058-1111 A.D.) was not only one of the great Islamic philosophers, he is also considered to be, after the Prophet Muhammad, the foremost authority on Islamic theology and jurisprudence. What most people don't know, however, is that al-Ghazali wrote extensively on the topic of happiness.

al-Ghazali and Happiness

One of the key sections of Ghazali's Revival of the Religious Sciences is Disciplining the Soul, which focuses on the internal struggles that every Muslim will face over the course of his lifetime. The first chapter primarily focuses on how one can develop himself into a person with positive attributes and good personal characteristics.

Al-Ghazali - Wikipedia

Iḥyāʾ ʿUlūm al-Dīn The Revival of the Religious Sciences (Iḥyāʾ ʿUlūm al-Dīn) is widely regarded as the greatest work of Muslim spirituality, and is perhaps the most read work in the Muslim world, after the Qurʾān. The Revival of the Religious Sciences is divided into four parts, each containing ten chapters. Part one deals with knowledge and the requirements of faith—ritual ...

Iḥyāʾ ʿUlūm al-Dīn | ghazali.org

Disciplining the Soul (Class 6) This is the last installment of six classes on Imam al-Ghazali's Disciplining the Soul taught by ʿAbū ʿUmar bin Hafḥ in Denmark in 2010.

Disciplining the Soul | MUWASALA

Al-Ghazali On Disciplining The Soul & On Breaking The Two Desires Books XXII And XXIII Of The Revival Of The Religious Sciences (Ihya 'Ulum al-Din) By Abu Hamid Muhammad Al Ghazali Translated By T.J. Winter (AKA : Abdal Hakim Murad)

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Disciplining the Soul and Breaking the Two Desires: Books ...

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Al-Ghazali on Disciplining the Soul and Breaking the Two ...

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Who Is Al-Ghazali? - The Spiritual Life

Al-Ghazali is famously known as, "Proof of Islam." In Disciplining of Self, Al-Ghazali starts with his belief in Islam, "There is no God but God [Allah]." The Three Fundamentals of his thought in this book are Knowledge, States, and Actions. Al-Ghazali builds on these three and urges believers to train their self (soul).

Al-Ghazzali on Disciplining the Self by Abu Hamid al-Ghazali

Al-Ghazali on the Ninety-nine Beautiful Names of God: Al-Maqsad al-Asna fi Sharh Asma' Allah al-Husna (The Islamic Texts Society's al-Ghazali Series)

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The spiritual life in Islam begins with riyadat al-nafs, the inner warfare against the ego. Distracted and polluted by worldliness, the lower self has a tendency to drag the human creature down into arrogance and vice. Only by a powerful effort of will can the sincere worshipper achieve the purity of soul which enables him to attain God's proximity. This translation of two chapters from The Revival of the Religious Sciences (Ihya' 'Ulum al-Din) details the sophisticated spiritual techniques adopted by classical Islam. In the first step, On Disciplining the Soul, which cites copious anecdotes from the Islamic scriptures and biographies of the saints, Ghazali explains how to acquire good character traits, and goes on to describe how the sickness of the heart may be cured. In the second part, Breaking the Two Desires, he focusses on the question of gluttony and sexual desire, concluding, in the words of the Prophet, that 'the best of all matters is the middle way'. The translator has added an introduction and notes which explore Ghazali's ability to make use of Greek as well as Islamic ethics. The work will prove of special interest to those interested in Sufi mysticism, comparative ethics, and the question of sexuality in Islam.

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General Description: Al-Ghazzali places great emphasis on the virtue and spiritual reward of having a good disposition. He also discusses how to recognize the sicknesses of the spiritual heart, the signs of a good character, the raising and training of children, and the prerequisites of becoming a disciple.

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The eleventh chapter of *The Revival of the Religious Sciences* begins the section dealing with man and society. In this volume concentrating on the manners relating to eating, Ghazali first discusses what a person must uphold when eating by himself: that the food is lawful, that both the person and the surroundings should be clean, that one must be content with what is available, and how the person should conduct himself while eating and after eating. Ghazali then proceeds to discuss eating in company and says that to all the above should be added the necessity of courtesy, conversation and the proper presentation of food. Finally, Ghazali expounds the virtues of hospitality and generosity and the conduct of the host as well as that of the guest. Other topics that are discussed are: abstention from food, fasting and general health.

The *Book of Patience and Thankfulness* is the thirty-second chapter of *The Revival of the Religious Sciences* which is widely regarded as the greatest work of Islamic spirituality. Written by one of the most famous theologian-mystics of all time, *The Book of Patience and Thankfulness* discusses two of the virtues of the religious and spiritual life that are of universal interest. --

The 38th chapter of the *Revival of the Religious Sciences*, this treatise follows on from *Al-Ghazali on Intention, Sincerity & Truthfulness*. Here, Ghazali focuses on the different stations of steadfastness in religion (*murabaha*), vigilance and self-examination being its cornerstones. As in all his writings, Ghazali bases his arguments on the Qur'an, the example of the Prophet, and the sayings of numerous scholars and Sufis. As relevant today as it was in the 11th century, this discourse will be of interest to anyone concerned with ethics and moral philosophy.

"This is the first complete English translation of the *Book of Love, Longing, Intimacy and Contentment*, the thirty-sixth chapter of Abu Hamid al-Ghazali's monumental *Revival of the Religious Sciences* ... *The Book of Love* ... is of fundamental importance in the history of Islamic thought and in the development of Sufism."--Back cover.

Marvels of the Heart is a classic Sufi manual on the 'science of the heart.' For Sufis, the heart is more than a physical organ, it is the seat of the soul, which holds the key to the intimate relationship that exists between the body and spirit. Each heart, according to traditional wisdom accumulated over centuries of spiritual practice, possesses four qualities: predatory, animal, demonic, and angelic. The latter represents one's true origin and potential, and through the proper use of the intellect and by engaging in spiritual practices, one can restore equilibrium to his inner core. As the Qur'an says: By the remembrance of God do hearts find peace. Abu Hamid al-Ghazali (d. 1111) was the leading jurist, theologian, and mystic of premodern Islam, and remains its truest advocate in modern times. As a teacher of Sufi initiates he recorded these practical teachings in his four-volume compendium of spiritual knowledge, the *Thya'`ulum al-din* (*The Revival of the Religious Sciences*), from which the present work---*Book 21*---is taken. Imam al-Ghazali uses a series of traditional Sufi teachings and stories to illustrate the theme of the heart as a mirror. The light of the divine can only shine in the heart when the seeker recalls the Prophet's teaching that "everything has a polish, and the polish of hearts is the remembrance of God." Base character traits that accumulate when the true

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nature of the heart is neglected are like "a smoke that clouds the heart's mirror"; rust corrodes the hearts of all but those who polish them by the remembrance of God. Hearts thus illuminated lead one to success in this life and eternal salvation in the next. Originally translated for a PhD thesis in 1938 as "The Religious Psychology of al-Ghazzali," for years this translation was only available to researchers and cognoscenti. Fons Vitae is proud to offer the complete text to the general public and specialists alike.

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