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Buy Living with Intensity: Understanding the Sensitivity, Excitability, and Emotional Development of Gifted Children, Adolescents, and Adults by Daniels, Susan, Piechowski, Michael M (ISBN: 9780910707893) from Amazon's Book Store. Everyday low prices and free delivery on eligible orders.

~~Living with Intensity: Understanding the Sensitivity ...~~

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(PDF) Living with Intensity: Understanding the Sensitivity, Excitability, and Emotional Development of Gifted Children, Adolescents, and Adults | Vlad Glaveanu - Academia.edu Abstract Editors Susan Daniels Michael Piechowski Living as a gifted person, from childhood and youth to late adulthood.

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Gifted children and adults are often misunderstood. Their excitement is viewed as excessive, their high energy as hyperactivity, their persistence as nagging, their imagination as not paying...

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One essential merit of “ Living with intensity ” is its clear and well-documented account of Dabrowski ’ s conception, from the notion of overexcitability, an indispensable tool for understanding the mental and behavioural dynamics of gifted individuals, to the bigger framework, the theory of positive disintegration . Kazimierz

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~~Living with Intensity: Sensitivity, Excitability~~

Understanding the Sensitivity, Excitability, and Emotional Development of Gifted Children, Adolescents, and Adults is a beautiful collection of articles which offer an introduction to Kazimierz Dabrowski's Theory of Positive Disintegration, and its application throughout the lifespan of gifted individuals. Dabrowski was a Polish psychiatrist, psychologist and physician whose research and theoretical work centered on what he called Advanced Personal Development.

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Living With Intensity:
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Development of Gifted Children,
Adolescents, and Adults takes a
much more academic approach,
which was fine with me but might
be dry if you aren ' t really
fascinated with the topic.

~~Living with Intensity by Susan
Daniels - Goodreads~~

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Living with Intensity is a can ' t put it down exploration of the multi-faceted sensitivities/intensities of gifted children and adults, which fuel their personal growth – if they are NOT misunderstood. It will assist all parents, teachers, and clinicians to understand and nurture the complex combination of intellectual advancement and overexcitabilities gifted individuals present, and avoid tragic misperceptions and misdiagnoses.

~~Living with Intensity—Insight Resources~~

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Adolescents, and Adults Paperback
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Development of Gifted Children,
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– 23 October 2009 by Susan
Daniels PhD (Editor), Michael M
Piechowski (Editor) 4.5 out of 5
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Gifted children and adults are often misunderstood. Their excitement is viewed as excessive, their high energy as hyperactivity, their persistence as nagging, their imagination as not paying attention, their passion as being disruptive, their strong emotions and sensitivity as immaturity, their creativity and self-directedness as oppositional. This resource describes these overexcitabilities

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Sensitivity, Perfectionism, and strategies for dealing with children and adults who are experiencing them, and provides essential information about Dabrowski's Theory of Positive Disintegration. Learn practical methods for nurturing sensitivity, intensity, perfectionism, and much more.

Our brightest, most creative children and adults are often being misdiagnosed with behavioral and emotional disorders such as ADHD, Oppositional-Defiant Disorder, Bipolar, OCD, or Asperger's. Many receive unneeded medication and inappropriate counseling as a result. Physicians, psychologists, and counselors are unaware of characteristics of gifted children

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Sensitivity/Excitability
and adults that mimic pathological diagnoses. Six nationally prominent health care professionals describe ways parents and professionals can distinguish between gifted behaviors and pathological behaviors. ?These authors have brought to light a widespread and serious problem?the wasting of lives from the misdiagnosis of gifted children and adults and the inappropriate treatment that often follows.? Jack G. Wiggins, Ph. D., Former President, American Psychological Association

Kazimierz Dabrowski's Theory of Positive Disintegration (TPD), which includes the widely known "overexcitabilities," is one of the most influential theories in gifted

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education. It summarizes the research and application of TPD and compares it to other theories of personality and psychological development.

When educators (and parents) think about gifted kids, they usually focus on their intellectual needs. But gifted kids are much more than test scores and grades. In their second book together, Jim Delisle and Judy Galbraith explain what giftedness means, how gifted kids are identified, and how we might improve the identification process. Then they take a close-up look at gifted kids from the inside out-their social and emotional needs. Topics include self-image and self-esteem, perfectionism, multipotential,

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"differentness," and stress. The authors suggest ways to help gifted underachievers and those who are bored in school, and ways to encourage healthy relationships with friends, family and other adults. The final chapter explains how teachers can make it safe to be smart by creating the gifted-friendly classroom. Includes first-person stories, easy-to-use strategies, survey results, activities, reproducibles, and up-to-date research and resources.

Explaining why certain children are gifted and how giftedness is manifested, each chapter addresses the relevance for children with AD/HD and Asperger Syndrome. Lovecky guides parents

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and professionals through methods of diagnosis and advises on how best to nurture individual needs, positive behaviour and relationships at home and at school.

NAVIGATE THE EXPERIENCE OF LIVING INTENSELY. Do people sometimes describe you as emotionally intense or oversensitive? Do you often feel overwhelmed or anxious in the fact of a world which is loud, fast-moving and sometimes uncaring? Understand Emotional Sensitivity will give you in-depth information about emotional intensity and its overlapping traits, as well as practical advice to help with daily struggles. Written in a friendly and compassionate tone, it has much to

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Sensitivity/Excitability reveal about who you are, why you feel the way you do, and how you can be more resilient and reach your full potential. Easy to read, accessible and jargon-free, it will answer questions raised by many emotionally intense individuals: Is there something wrong with me? How does this trait explain my life experiences so far? What can I do right now to better my life and to fulfil my potential? Where can I find others like me? You will: - Understand what it means to live with emotional intensity - Debunk the myths and stereotypes about this trait - Reframe the way you see yourself and to let go of self-limiting beliefs - Identify and liberate your unique potential

ABOUT THE SERIES People have been learning with Teach Yourself

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Since 1938. With a vast range of practical, how-to guides covering language learning, lifestyle, hobbies, business, psychology and self-help, there's a Teach Yourself book for whatever you want to do. Join more than 60 million people who have reached their goals with Teach Yourself, and never stop learning.

"This book is written for pre-teens and teens who love to learn, even if they don't necessarily love school. Discover yourself as an intense and excitable learner, a creative learner, and a self-directed learner. Read about how to manage perfectionism and self-talk, how to understand your parents better, and how to take charge of your education, whether

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you go to public school, private school, or homeschool"--Supplied by publisher.

Teaching children how to manage their intense emotions is one of the most difficult aspects of parenting or educating gifted children. Emotional Intensity in Gifted Students: Helping Kids Cope With Explosive Feelings provides a much-needed resource for parents and educators for understanding of why gifted children are so extreme in their behavior and how to manage the highs and lows that accompany emotional intensity. Presented in an easy-to-read, conversational style, this revised and updated second edition contains additional chapters addressing temperament

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Sensitivity, Extensibility, and personality development, as well as expanded role-plays and strategies designed to show parents and teachers how to interact and guide gifted children in a way that teaches them how to recognize, monitor, and adjust their behavior. Updated resources and worksheets make this practical resource a must-read for anyone wishing to make a positive and lasting impact on the lives of gifted children.

Gifted Grownups, Marylou Kelly Streznewski's unprecedented, 10-year study of 100 gifted adults, examines how being identified as a "smart kid" early on affects career choices, friendships, and romantic

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pairings later in life. Why do some talented and gifted people become Mozarts and Einsteins or corporate chieftains, while others drop out of school, struggle to hold down jobs, or turn to self-destructive behavior? What are the signs of giftedness, its pitfalls, and its promise? Marylou Streznewski provides answers to these and other questions, and creates an intriguing picture of what it is like to have an accelerated mind in a slow-moving world.

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